

# *Hummus*



## **INGREDIENTS:**

*One 15-Ounce Can (425 Grams)*

*Chickpeas, Also Called Garbanzo Beans*

*1/4 Cup (59 ml) Fresh Lemon Juice, About 1 Large Lemon*

*1/4 Cup (59 ml) Tahini  
Half of a Large Garlic Clove,  
Minced*

*2 Tablespoons Olive Oil, Plus  
More for Serving*

*1/2 to 1 Teaspoon Kosher Salt,  
Depending on Taste*

*1/2 Teaspoon Ground Cumin*

*2 to 3 Tablespoons Water*

*Dash of Ground Paprika for  
Serving*

## **DIRECTIONS:**

1. In a blender, add all ingredients except for paprika.
2. Blend until smooth. If mixture is too thick, thin it out with a little extra water.
3. Taste and season with salt accordingly.
4. Garnish with a dash of paprika and a drizzle of olive oil.

