



INGREDIENTS:

1/3 Cup All-Purpose Flour
1/3 Cup Butter
1 1/2 Teaspoons Coarse Salt,
Plus More for Seasoning
1/2 Teaspoon Freshly Ground
Pepper, plus More for Seasoning
1 Cup Dry Red Wine, such as
Cabernet or Merlot
1 3/4 Cups Chicken Stock

DIRECTIONS:

1. In a pan add butter and melt, add flour and mix together about 3 min.
2. Add wine and reduce.
3. Add chicken stock, adjust seasonings and then serve!